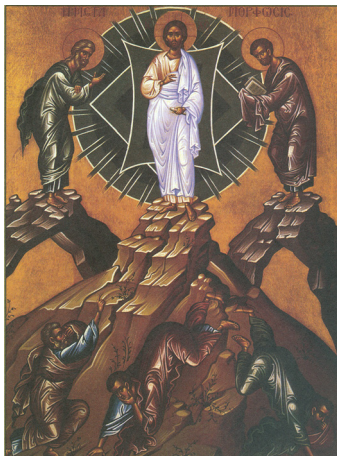


The Parish Clergy:
The Reverend the Vicar and Surrogate
Fr. Andrew Stevens, M.A., S.S.C.,
Regional Dean For Southwark Forward in Faith
S. Nicholas Vicarage, 64, Purrett Rd., Plumstead,
London. SE18 1JP
Tel. 020-8854 0461 Facsimile 020-8265 5065
e-mail parishpriest@saintnicholasplumstead.org
Web site: www.saintnicholasplumstead.org
The Reverend the Hon. Curate Fr. Charles Heard
The Churchwardens:
Mrs Cecelia Okrafo-Smart Mrs Diane Bartlett
The Churchwardens Emeriti
Mr Reg Martin Miss Betty Stroud

THE ICON OF THE TRANSFIGURATION OF OUR LORD



But you have the anointing [chrisma in Greek] that comes from the holy one, and you all have knowledge. I write to you not because you do not know the truth but because you do, and because every lie is alien to the truth. Who is the liar? Whoever denies that Jesus is the Christ. Whoever denies the Father and the Son, this is the antichrist. No one who denies the Son has the Father, but whoever confesses the Son has the Father as well. Let what you heard from the beginning remain in you. If what you heard from the beginning remains in you, then you will remain in the Son and in the Father.

And this is the promise that he made us: eternal life. I write you these things about those who would deceive you. As for you, the anointing [chrisma] that you received from him remains in you, so that you do not need anyone to teach you.

But his anointing [chrism a] teaches you about everything and is true and not false; just as it taught you, remain in him. And now, children, remain in him, so that when he appears we may have confidence and not be put to shame by him at his coming.

1 John 2:20-28

Welcome to our Church today, after the Parish Mass refreshments will be served at the back of Church. Please join us and make yourself known to one of the clergy.

This ancient church has been a place of Christian worship of Almighty God for well over 1,000 years; as we enter the third millennium of our salvation it is salutary to remember that Christians have gathered here on this spot since the first millennium.

If you would like to pray, the Lady Chapel is set aside as a place of quiet, where the Blessed Sacrament is reserved or you might like to light a candle at one of the many shrines around church.

THE PARISH AND ANCIENT CHURCH OF SAINT NICHOLAS, PLUMSTEAD

WELCOME TO OUR CELEBRATION TODAY



Induction loop fitted Sound reinforcement



Ramp available for access

A Forward in Faith parish under the Episcopal Care of the Bishop of Fulham, during the vacancy in See The Right Reverend Peter Wheatley, we are a Eucharistic community who is worshipping in the present, upon the Apostolic Truths of the past, in the hope of finding our future salvation in God's Heavenly Kingdom.

The Mass is offered daily

Sunday	8:00am
	11:00am
Monday	8:00pm
Tuesday	7:30pm
Wednesday	9:30am
Thursday	7:00pm
Friday	12:00pm
Saturday	10:00am



Exposition of the
BLESSED SACRAMENT or ADORATION
 half an hour before Mass every day except Sunday.

The ROSARY of the Blessed Virgin Mary is said after Mass on Friday and Saturday

Confessions:

Monday 7:30-8:00pm. Tuesday 7:00-7:30pm, Thursday 6:30-7:00pm, or by appointment.

Please turn off



all mobile 'phones

PLEASE LET FR. ANDREW KNOW OF ILLNESS OR OTHER NEED AS SOON AS POSSIBLE.

PLEASE TAKE THIS SHEET HOME

The word of the Lord

Exodus 16. 2-4

We are often reminded that it is very easy to criticise (and some might suggest that it is fun, too!) We cannot afford to become mired in criticism or despair, however, because it can quickly begin to cloud our grasp of what has true value in life. For the Israelites in today's first reading, the gratitude for the Lord's saving hand quickly evaporated as they turned their focus to immediate and temporal concerns. Even in that moment of inward focus on their part, the Lord still provided for them.

That food which they received was only a foretaste of the great gifts which God would give in the offering of himself – an offering through which we are still sustained. Even in the most difficult of times, we must never forget that God continues to give us that bread from heaven, a bread containing all sweetness.

Saint of the Week

Saint Lawrence (d. c.258)

10th August

St Lawrence was a deacon under Pope St. Sixtus II, four days after this pope was martyred. Four clerics suffered the same fate, during the persecution of the Emperor Valerian. Lawrence sought out the needy of Rome and gave them all the money he had. The Prefect of Rome said, "I am told that your priests offer in gold, that the sacred blood is received in silver cups, that you have golden candlesticks at your evening services.

Now, your doctrine says you must render to Caesar what is his. Bring these treasures, the emperor needs them to maintain his forces. God does not cause money to be counted, give me the money, therefore, and be rich in words." Lawrence replied, "I will show you a valuable part. But give me time to set everything in order and make an inventory."

He gathered the blind, lame, orphans and widows, presenting them to the Prefect saying, "These are the treasure of the Church." Angered, the Prefect had a gridiron prepared, with burning coals, and had Lawrence placed on it. After suffering the pain for a long time, Lawrence made his famous cheerful remark, "It is well done. Turn me over!"



Forward!

Welcome to our celebration today

5th August 2012

18th Sunday in Ordinary Time
9th after Trinity

**O God, make speed
to save us; O Lord,
make haste to help us**



One of Anglicanism's greatest liturgical treasurers must be Prayer Book Evensong. Many parishes hold Evensong on Sunday evenings, some concluding the service with Benediction of the Blessed Sacrament. Of course it is right and fitting that we should make an effort to end the Lord's Day with corporate prayer; however, it is also right and fitting that each Christian should end each working day with prayer, with reflection and with thanksgiving to God.

In many of our great parish churches and in our cathedrals Evensong is said or sung every day of the week; indeed the time when the clergy say Evening Prayer in your parish may also be published. While not everyone of us can guarantee when we will finish work on an evening, or what time we will finally get home there is usually an early evening lull; a God given space which gives us the opportunity to commend the working day past to God as our thought and prayers turn to family and home.

Give thanks

I thank you, O Lord, for all your mercies and for all the blessing you have bestowed upon me and upon your whole church; and particularly for the blessings I have received from you this day, in watching over me and preserving me from so many evils and favouring me with so many graces and inspirations. Through Jesus Christ thy Son, who lives and reigns with you in the unity of the Holy Spirit, One God forever and ever. Amen.

S. NICHOLAS CHURCH**FLOODLIGHT: LIGHT THE CHURCH**

We all realise how important it is to support our Church, more so in these days of rising costs; well here is a good way of supporting it and enjoying it personally.

Floodlight the building by day £2.25 or by the week £14.50, for that personal event: a birth, Baptism, Birthday, an Anniversary, Wedding or Years Mind of a loved one, in doing this you will remember and at the same time help pay the electricity bill. The price is reasonable and shows this building in all its glory after sunset, it does enhance this fine building. Reg holds the diary, to be sure there are no double bookings, it is yours for the day or week.

Prayer for the Queen's Jubilee Year

Almighty God, we pray
that your servant Elizabeth, our Queen,
who, by your providence
has received the governance of this realm,
may continue to grow in every virtue,
that, imbued with your heavenly grace,
she may be preserved from all that is harmful and evil
and, being blessed with your favour
may, with her consort and the royal family,
come at least into your presence,
through Christ who is the way, the truth and the life
and who lives and reigns with you
in the unity of the Holy Spirit, God,
for ever and ever.
Amen.

The Rota for Reading and Intercessing

AUGUST	1 st Reading	2 nd Reading	Intercessions
Sunday 5 th	Y. Stevens	D. Stevens	B. Scott*
Sunday 12 th	S. Obubo	Stephanie O	S. Jahans*
Sunday 19 th	E. Crawley	P. Alexander	R. Martin
Sunday 26 th	B. Scott	E. Buhl	T. Agin
SEPTEMBER			
Sunday 2 ND	D. Stevens	Y. Stevens	G. Agin
Sunday 9 th	R Barzey	S. Jahans	A. Davies
Sunday 16 th	B. Stroud	P. Channer	J. Jahans
Sunday 23 rd	T. May	G. Agin	S. Jahans
Sunday 30 th	T. Agin	J. Jahans	B. Scott

If you are celebrating
a BIRTHDAY or ANNIVERSARY
and would like to share it with your Church Family
A £15 DONATION
covers the cost of Sherry
(You may if you wish provide wine of your own choice)
to be enjoyed at the back of church after Mass
Please see Gwen or Christina Agin!



18th Sunday in Ordinary Time

The Angelus will be sung at the Shrine of Our Lady of Fatima

HYMNS

Introit:	NEH	436
Gradual:	NEH	300
Offertory:	NEH	338
Communion:	NEH	178
Post Communion:	NEH	176 t128ii

PALM CROSSES:

Jessica Roberts in thanksgiving for the life of her Father

THE PASCHAL CANDLE:

Flavia Kisambira in thanksgiving to God for his
Greatness and Mercy

THE SEVEN DAY SHRINE LIGHTS FOR AUGUST**The Blessed Sacrament:**

Leo McCarthy: In thanksgiving for the Lord's work

Our Lady by the Lady Chapel:

Joy & Stephen Jahans: In thanksgiving

Our Lady of Walsingham:

Amelia Watkins: In thanksgiving for the life of John Watkins

Our Lady of Fatima:

Murray Smallbone: For the repose

of the soul of John Beck 30-7-1937 - 8-10-2008

THE SUNDAY SHRINE LIGHTS FOR AUGUST**Our Lady by the Tower:**

Gwen Pearce

the Immaculate Heart of Mary:

Henry Aguh

Our Lady of Sorrows:

Christina Agin: In memory of Jean Barnes

S. Joseph

Paul Pangrace

S. Thomas More S. John Fisher**S. Dunstan S. Augustine****S. Martin Our Lady of Light****S. Clare S. John Vianney****S. Theresa S. Anthony****B. Jacinta B. Francisco**

Lilian Osedumme: For Family

Sacred Heart

Doreen Martin: Reg's birthday

THE SUNDAY RELIQUE LIGHTS FOR AUGUST**S. Stephen, Protomartyr**

Marie Borland: In thanksgiving for the

life of Wilbert Borland + 11th July 1974

FLOODLIGHTING

WE WELCOME FR WILLIAM THIS MORNING AS CELEBRANT AND PREACHER. FR ANDREW, AS REGIONAL DEAN, IS AT S. MICHEAL'S CROYDON.

INTRODUCTION

We gather to give God thanks and praise, to be fed and strengthened by the bread of heaven, to renew our faith in God's kindness.

Today's Readings

First Reading Exodus 16:2-4. 12-15

The people complain at their lack of food. God sends manna from heaven.

Second Reading Ephesians 4:17. 20-24

Paul invites the Ephesians to put aside their own self and to put on the new self, who is Christ.

Gospel John 6:24-35

Jesus reveals himself as the bread from heaven, who answers our deepest hungers.

PRAYER OF THE FAITHFUL

When the people were hungry in the desert, God heard their prayers and provided bread from heaven. We ask the Lord now to hear our prayers and to answer in the same way.

We pray for the holy Church of God: that nourished and strengthened by the bread of life, she may, like Christ, give life and hope to the world.
Lord, hear us.

We pray for those who hunger for bread and thirst for clean water; for those who long for peace and for freedom from fear: that both God and God's people will hear and respond to the cry of those who are poor.
Lord, hear us.

We pray for those who work for the food that does not last – for people who are enslaved by lust for power, or for material possessions, or by addiction to substances: that the power of Christ will enter their hearts to set them free.
Lord, hear us.

We pray for those who have died: that Christ, the bread of life, will welcome them to the banquet of heaven.
Lord, hear us.

Heavenly Father, hear our prayers. As once you fed your people in the desert and led them to the Promised Land, so continue to feed and guide us on our journey to your kingdom, through Christ our Lord.

THOSE PREPARING FOR BAPTISM

Sunday 12th August 2012:

Taylor Theo Broderick

Shaihem Joel Worrell

Nevaeh Arinola Zeronie Aderemi-Worrell

Sunday 19th August 2012:

Michael Thomas Erridge

THOSE WHO HAVE BEEN BAPTISED

Sunday 29th July 2012:

Tyra Nene Norvisi Afawubo

THOSE PREPARING FOR HOLY MATRIMONY

Saturday 24th August 2013 at 4:00pm:

Scott Edward Parker and Maria Betsy Side

BANNS OF MARRIAGE

Sunday 5th August +two 2012:

Daniel Christopher Murphy and Amy Jane Hope Dye

Sunday 12th August +two 2012:

Christopher Allan Lines and Winsome Olivia Jackson

THE DEPARTED

Josephine Bampton

Florence Johnson

Greg Clarke

Dorian Joseph

Wayne Yurik

Anne Poplopdous

Allen Henry Blair

YEARS MIND

7th Jean Ann Merrifield

7th Bukola Ayanbeku

8th Denis Tyson

10th Margaret Wager

Sancte Nicolae, Ora pro nobis



All-powerful God,
you made
Saint Nicholas
a bishop and leader
of the Church
to inspire your people
with his teaching
and example.
May we give fitting
honour to his memory
and always have the
assistance of his prayers
We ask this
through our
Lord Jesus Christ,
your Son,
who lives and reigns
with you and
the Holy Spirit,
one God,
for ever and ever.
Amen

Christus, Heri, Hodie, Semper

FOR YOUR DAILY INTERCESSION AUGUST General Intention:

That prisoners may be treated with justice and respect for their human dignity

Missionary Intention:

Youth Witness to Christ. That young people, called to follow Christ, may be willing to proclaim and bear witness to the Gospel to the ends of the earth.

BIRTHDAY

9th Valerie Cann

PRAYER FOR HEALING

Barbara Brunt Jack Brunt
Murray Smallbone
Fr Charles Ada Smith
Daphne Langford
Bhupendra Pattini Sue Yurik
Christina Agin Victor Boyce
Ruby Arthurs
Carol Bohurjak Tommy Bohurjak
John David Cook
Fr Timothy Raphael
Tom Bohurjak
Stanley Lewis Pat Wenham
Connie Guntrip Colin Cresswell
Hazel Clark Val Marshall
Margaret Rusnyk
David Jahans
Inge Hansen Mogens Hansen
Mike Okeze John Gant
Russell Sabat
Cloe Gibson Eve Webb
Mary Cook
Roy Richards
Andreas Poplopdous
Anita Johnson
Beverley Goering
Doreen Waldron
Brian Goulding
Dorothy Crook Walter Mann
Eve Cocklin Annette Horridge
Christian Vincent Helen Thorpe
Ruth Kabeba Stephen Katu
Pauline Alexander Eric Buhl
Kirsty Forrester Alf Sewell
Stephen Jahans Raj Kalsi
Terry Hayward Pat Hayward
Jean Roberts Molly Wakeman
Derek Wakeman Janet Hole
John Hole Colin Jones
Kathy Fincham John Vorell
Bill Baker James Bampton
Iris Agin

IN THANKSGIVING

Meghan Belcher Murial Taylor
Jude Gray Sue Mott
Marie Borland

Sunday Readings: Year B
Weekday Readings: Year 2
Psalter Week 2

AUGUST 2012

5	Su	G	EIGHTEENTH SUNDAY IN ORDINARY TIME (CWCL: 9th Sunday after Trinity—Proper 13) DO1(2) MP:50(227) EP:51(253) Mass pr, Gl, LI 782, Cr, Sunday Pref R1: Exodus 16:2-4,12-15 Psalm 77:3-4,23-25,54 R2: Ephesians 4:17,20-24 Gospel: John 6:24-35
6	M	W	TRANSFIGURATION OF THE LORD, Fest (CWCL: Transfiguration of Our Lord) DO3(2) MP:234(431) EP:233(430) Mass pr, Gl, LI 987 or LII 1131 (two readings only – choice of first reading from OT or NT), Pref pr R1: Daniel 7:9-10,13-14 Psalm 96:1-2,5-6,9 or 2 Peter 1:16-19 Gospel: Mark 9:2-10
7	T	(G)	FERIA OF 18th WEEK IN ORDINARY TIME DO5(2) MP:53(229) EP:59(255) Mass of feria, LII 685 or: (R) Ss Sixtus II P and Comp Mrr, Mem DO4(2) MP:183(320) EP:183(316) Mass from Com of Martyrs, LII 685 or: (W) S Cajetan Pr, Mem DO4(2) MP:188(340) EP:188(339) Mass from Com of Pastors or Com of Holy Men and Women: for Religious, LII 685
8	W	W	S Dominic Pr, Mem DO4(2) MP:188(433) EP:188(432) Mass from Com of Pastors or Com of Holy Men and Women: for Religious, LII 689
9	Th	R	<i>Either:</i> S TERESA BENEDICTA OF THE CROSS (EDITH STEIN) VMr, CO-PATRON OF EUROPE, Fest DO3(2) MP:192(321) EP:192(321) Mass from Com of Martyrs: for a Virgin Martyr, Gl, LII 1450ff, Pref of Martyrs <i>or:</i> W S TERESA BENEDICTA OF THE CROSS (EDITH STEIN) MrR, CO-PATRON OF EUROPE, Fest DO3(2) MP:192(321) EP:192(321) Mass from Com of Holy Men and Women, Gl, LII 1526ff, Pref of Holy Men and Women I or II <i>Day of Special Prayer for Europe:</i> No special Mass is permitted. The intention should be included in the Prayer of the Faithful. <i>Outside Europe:</i> (G) FERIA OF 18th WEEK IN ORDINARY TIME DO5(2) MP:55(231) EP:61(257) Mass of feria, LII 691
10	F	R	S LAWRENCE DnMr, Fest DO3(2) MP:180(321) EP:181(321) Mass pr, Gl, LII 1141, Pref of Martyrs
11	S	W	S Clare V, Mem DO4(2) MP:193(327) Mass from Com of Virgins or Com of Holy Men and Women: for Religious, LII 695
	G		EPI of foll DO1(3) EP:49 or 164(245)

ENTRANCE ANTIPHON

*O God, come to my assistance;
O Lord, make haste to help me!
You are my rescuer, my help;
O Lord, do not delay.*

COLLECT

Draw near to your servants, O Lord,
and answer their prayers with unceasing kindness,
that, for those who glory in you as their Creator and guide,
you may restore what you have created
and keep safe what you have restored.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

Amen.

FIRST READING Exodus 16:2-4. 12-15

A reading from the book of Exodus.

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, "Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!"

Then the Lord said to Moses, "Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not.

"I have heard the complaints of the sons of Israel. Say this to them, 'Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God.'" And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, "What is that?" not knowing what it was. "That", said Moses to them, "is the bread the Lord gives you to eat."

The word of the Lord.

Thanks be to God.

Psalm Psalm 77

RESPONSE: *The Lord gave them bread from heaven.*

1. The things we have heard and understood,
the things our fathers have told us,
we will tell to the next generation:
the glories of the Lord and his might. **R.**
2. He commanded the clouds above
and opened the gates of heaven.
He rained down manna for their food,
and gave them bread from heaven. **R.**
3. Mere men ate the bread of angels.
He sent them abundance of food.
He brought them to his holy land,
to the mountain which his right hand had won. **R.**

SECOND READING Ephesians 4:17. 20-24

A reading from the letter of St Paul to the Ephesians.

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

*Alleluia, alleluia!
I am the Way, the Truth and the Life, says the Lord;
no one can come to the Father except through me.
Alleluia!*

Or

*Alleluia, alleluia!
Man does not live on bread alone,
but on every word that comes from the mouth of God.
Alleluia!*

GOSPEL John 6:24-35

A reading from the holy Gospel according to John.

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, "Rabbi, when did you come here?" Jesus answered:

"I tell you most solemnly,
you are not looking for me
because you have seen the signs
but because you had all the bread you wanted to eat.
Do not work for food that cannot last,
but work for food that endures to eternal life,
the kind of food the Son of Man is offering you,
for on him the Father, God himself, has set his seal."

Then they said to him, "What must we do if we are to do the works that God wants?" Jesus gave them this answer, "This is working for God: you must believe in the one he has sent." So they said, "What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat."

Jesus answered:

"I tell you most solemnly,
it was not Moses who gave you bread from heaven,
it is my Father who gives you the bread from heaven,
the true bread;
for the bread of God
is that which comes down from heaven
and gives life to the world."

"Sir," they said, "give us that bread always." Jesus answered:

"I am the bread of life.
He who comes to me will never be hungry;
he who believes in me will never thirst."
The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

Graciously sanctify these gifts, O Lord, we pray,
and, accepting the oblation of this spiritual sacrifice,
make of us an eternal offering to you.
Through Christ our Lord.

Amen.

COMMUNION ANTIPHON

*You have given us, O Lord, bread from heaven,
endowed with all delights and sweetness in every taste.*

Or

*I am the bread of life, says the Lord;
whoever comes to me will not hunger
and whoever believes in me will not thirst.*

PRAYER AFTER COMMUNION

Accompany with constant protection, O Lord,
those you renew with these heavenly gifts
and, in your never-failing care for them,
make them worthy of eternal redemption.
Through Christ our Lord.

Amen.